



# MENTAL HEALTH *and* RECOVERY BOARD

*• of Wayne & Holmes Counties •*

## ANNUAL 2016 REPORT

As I reflect upon the last year, one word comes to mind quickly...COLLABORATION. Mental health and addiction affect everyone in our community. Because our services touch so many, it is critical for us to truly work together. We can't accomplish our goals without collaboration, for it is the only way we can make real change. Healthy communities come together to create a continuum of behavioral health services, including prevention, treatment and recovery.

There are many examples of this collaboration over the past year. I'd like to highlight a few:

- Funded partner agencies Anazao, NAMI, OneEighty and The Counseling Center all completed significant capital projects.
- Additional funding was secured for our community, bringing new services and practices to our system.
- Suicide Prevention Training, Mental Health First Aid Training, Motivational Interviewing, School Mental Health Training, Mental Health and the Plain Community were topics covered in various community education settings.

In a continued effort to build a robust recovery system in Wayne and Holmes Counties, we will work with our funded partner agencies, various community task forces and coalitions, judges, law enforcement, peer support groups and other entities to meet the behavioral health needs of our citizens.

Looking into the next year, our focus will be:

- Completing a strategic planning process to better define our role in the community.
- Coordinating an action plan to combat the opiate epidemic.
- Continuing to secure funding to support efficient and effective behavioral health services in Wayne and Holmes Counties.

I look forward to the collaboration yet to come!

Yours in Service,  
Judy Wortham Wood  
Executive Director

FUNDS *at* WORK





## FUNDED PARTNER UPDATES

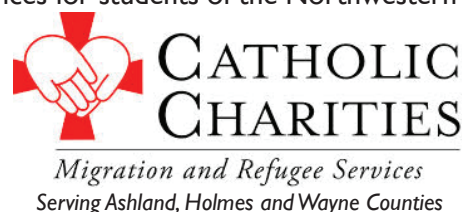
### ANAZAO

- Relocated adult services to Anazao West (2525 Back Orrville Rd.), and completed remodeling of Anazao East (2587 Back Orrville Rd.) for youth and family. The remodeling included a child and family friendly waiting area and dedicated youth activity areas.
  - With support and assistance of the MHRB and Ohio Department of Mental Health & Addiction Services (OMHAS), capital funding for this project was awarded to cover 50% of total cost.
- Youth services continue to expand with new enrollments in services approaching 30% of total enrollments.
- At the recommendation of MHRB, applied for and received one of nine statewide OMHAS Strategic Prevention Framework – Partnerships for Success (SPF-PFS) grants in the amount of \$80,000 to provide prevention capacity building in Holmes County.
- Continued emphasis on rapid cycle intake. 96% of all clients are offered an appointment within 24 hours, with an average wait time of 4 calendar days based upon client preference.



### CATHOLIC CHARITIES

- Successfully provided Wraparound Services and Adaptive Psychotherapy for clients at risk of being placed out of their homes whom struggle with their mental health and also have developmental disabilities.
  - Through the OMHAS Strong Families/Safe Communities grant, secured in partnership with MHRB of Wayne/Holmes Counties and Stark MHRB in collaboration with Wayne & Holmes Developmental Disabilities Boards.
- As a part of a multi-county collaborative through the MHRB of Wayne/Holmes Counties and Stark MHRB, Catholic Charities now offers school based Early Childhood Mental Health Consultation for preschools in order to further develop children's social and emotional functioning.
- Two therapists became trained in EMDR- Eye Movement Desensitization and Reprocessing. This is a psychotherapy that enables people to heal from the symptoms and emotional distress that are the result of disturbing life experiences.
- Began providing mental health services for children who are detained at Linda Martin Attention Center and providing mental health services for students of the Northwestern School District.



## NAMI

- New NAMI and MOCA House facility was purchased in collaboration with Anazao Community Partners. Planning began to renovate the building at 2525 Back Orrville Road, Wooster.
- With support and assistance of the MHRB and OMHAS, capital funding for this project was awarded to cover 50% of total cost.

- Programming

- Hosted a QPR training given by MHRB Executive Director for staff and community; Graduated 9 family members from Family to Family class; Provided 2-day LOSS Team training for new volunteers; Graduated 13 law enforcement officers from CIT Program October 2015.
- Began reaching out to hospitals to assist persons being discharged with involvement in recovery programs.
- Collaborated with OneEighty to share Peer Recovery Coordinator position, funded by the Mental Health and Recovery Board.



## ONEEIGHTY

- OneEighty provided 35,556 hours of counseling and treatment services to 1,149 individuals. This is an average of 31 hours per client and is important because one of the predictors of a positive outcome is length of stay in treatment. The longer they are engaged, the more likely they will be successful in achieving their goals.
- 41% of all clients receiving addiction treatment services identified opiates (i.e. prescription drugs, heroin, etc.) as their primary drug of choice. Alcohol was number two with 36% indicating that alcohol was their drug of choice.
- Medicated assisted treatment was provided to 115 clients with opiate addiction. Of those individuals, 23 were pregnant women.
- The shelter provided 11,961 nights of shelter to 179 victims of domestic violence. This was an increase of 47% over FY 2015 and an average length of stay of 73 days. The increased number of shelter days is primarily due to the lack of affordable housing for the residents to transition into a permanent home.
- The Safe Dates prevention program was provided to over 1100 students in 11 local school systems.



# OneEighty

Helping people change direction.

*Serving Holmes and Wayne Counties*

**FUNDS at WORK** ||



# THE COUNSELING CENTER

- Opened a 15 unit independent permanent supportive housing complex for transitional age youth experiencing a serious mental illness.
  - MHRB assisted in securing a \$500,000 grant from OMHAS for this project.
- Reached approximately 6,330 individuals with some type of mental health consultation, education or prevention service (an increase of 54% from FY 2015) utilizing MHRB dollars to support.
- Provided 49,372 units of counseling/psychotherapy; 4,831 units of psychiatric assessment or psychopharmacological management; intervened with 1,322 different persons who contacted the Center for crisis intervention and assisted with 516 public or private psychiatric hospital admissions; provided 62,671 units of individual or group community psychiatric support to adults with severe mental illness, and an additional 18,020 units to children or youth.
- Provided a total of 174,310 units of mental health care.



## RECENT EVENTS



Above: The Ribbon Cutting Event for the new facility for Anazao Community Partners and NAMI, who now share a combined facility

Below: Wayne County Commissioner Ann Obrecht and MHRB Executive Director, Judy Wortham Wood at the Stepping Up Conference



Above: OneEighty's Recovery Housing Dedication



# WORKING TOGETHER

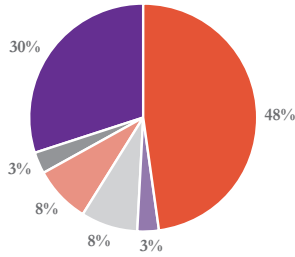
Mental health and addiction recovery is relevant to everyone in Wayne and Holmes Counties. The MHRB is required to ensure efficient collaboration in our community to deliver effective services. We believe the only way we can address the broad impact of the opiate crisis and mental illness is through collaboration. By using our community's greatest strength, collaboration, together we can accomplish the impossible. For this reason our staff is committed to having a "seat at the table" in the following committees and organizations to ensure the MHRB is actively participating and leading where we are needed.





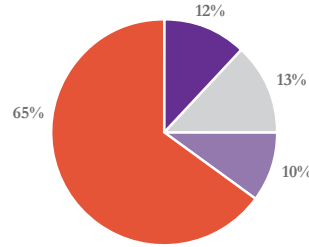
# FINANCIAL REVIEW

**FY16  
ACTUAL  
MHRB REVENUE**  
\$6,138,418



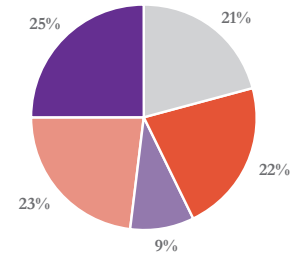
- Local Levy (48%)
- Other-Misc. (3%)
- Grants-Misc. (8%)
- Federal-AoD (8%)
- Federal-MH (3%)
- Ohio MHAS (30%)

**FY16  
ACTUAL  
MHRB EXPENDITURES**  
\$5,947,218



- Board Administration (12%)
- Out of Home Placements (13%)
- Grants-Misc. (10%)
- Community Services (65%)

**FY16  
COMMUNITY  
SERVICES BREAKDOWN**



- Counseling/Treatment (21%)
- Community Support (22%)
- Prevention (9%)
- Residential (23%)
- Emergency (25%)



# STAFF DIRECTORY

## • Staff •

*Judy Wortham Wood*  
EXECUTIVE DIRECTOR

*Vicky Hartzler*  
PROGRAM COORDINATOR

*Karen Potter*  
CHILD AND FAMILY  
HEALTH SERVICES  
PROJECT DIRECTOR

*Robert Smedley*  
DEPUTY DIRECTOR

*Rose Love*  
FINANCE DIRECTOR

*Sue Zarlengo*  
EXECUTIVE ASSISTANT

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**RAMONA STONER**  
**ROBIN TROYER**  
**CAROLE VAN PELT**  
**KATHLEEN WALKEROW\***

\*DENOTES THOSE WHO COMPLETED TERMS OR ENDED SERVICE IN FY16

